



OUR LADY OF PERPETUAL HELP  
BYZANTINE CATHOLIC CHURCH

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Facebook: [Our Lady of Perpetual Help Byzantine Catholic Church](https://www.facebook.com/OurLadyofPerpetualHelpByzantineCatholicChurch)

**DIVINE LITURGY**

Sunday - 9:00AM  
Holy Days - TBA

**Confessions:**

Before and After Liturgy

**Pastor:** Very Rev. Francis Rella

**Music Director:** Pani Tammy Rella

**Trustees:** Calvin Bastedo, Stephen Kurilla

**Trustee Emeritus:** George Kresan

**GCU Representative:** David Simon

**Parish Bookkeeper:** Lori Grobelny

**Hospitality:** Ed Bilavsky

**February 8, 2026**

**Sunday of the Last Judgement (Meatfare)**

SUNDAY	February 8	9:00 a.m.	<b>Sunday of the Last Judgement (Meatfare)</b> + First All Souls Memorial Panachida
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SUNDAY	February 15	9:00 a.m.	<b>Sunday of Cheesefare</b> For all parishioners
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<b>GREEN BOOK</b>		<b>READER SCHEDULE</b>	
LITURGY—Page 11		SUNDAY, FEBRUARY 8—Edward Dormer	
HYMNS—Pages 130 & 217		SUNDAY FEBRUARY 15—Richard Rella	

**VOLUNTEERS NEEDED:** We are less than 5 months away from the opening and dedication of the new temple. There will be a sign up sheet starting next week for parishioners to volunteer for various committees!

**PARISHIONER UPDATES:** Please take a registration form and return it as soon as possible. Our past database had misspellings, incomplete, and out-of-date information.

**RADIO STATION** - Listen to **Eastern Catholic Radio**, our parish internet radio station on **TuneIn**, the **Live365** app, or at [olphtr.org](http://olphtr.org).

**MONTHLY ROSARY** - Recitation of the Holy Rosary is prayed on the first Sunday of each month beginning at 8:30 a.m. before Liturgy.

**MEN'S PRAYER & STUDY GROUP** - Meets in the hall for Catholic study, prayer, and fellowship, the second Friday of each month at 6:00 a.m. All are welcome.

**BISHOP'S ANNUAL APPEAL 2025** - October 1, 2025 - June 30, 2026. Our parish goal is \$9800. You can contribute using the pledge form you receive at home, using the green monthly stewardship envelopes provided in your box, electronically at **PayPal/Eofferings** or [eparchyofpassaic.com](http://eparchyofpassaic.com).

**BUILDING FUND DRIVE** - We have passed the halfway point for the matching grant of the building fund. We are now at 52% or \$263,000.00. Keep up the good work and thank you for your generosity.

**PRAYERS FOR THE SICK** - Please pray for our parishioners and family members that are in need of healing and are not able to attend liturgy, especially, Theresa Andrejko, Geoff Gawdun, Irene Sudol, Nella Jawernycky, Ron Jawernycky, and Teresa Carter-Keating. Please let us know if there are others.

**COME AND SEE** -St. Mary Byzantine Catholic Church (Trenton, NJ) invites you to a three-part Lenten Come & See series exploring the history, spirituality, and liturgical seasons of the Byzantine Catholic tradition. Fridays at 7:00 PM – February 13 & 20 (online only) and February 27 (in person), concluding with the Liturgy of the Presanctified Gifts. Suggested donation: \$10 per session. Learn more and register at [stmarybyzholictrenton.org](http://stmarybyzholictrenton.org).

**PRESANCTIFIED LITURGY** - Liturgy of the Presanctified Gifts will be celebrated after the First Sunday of Great Lent, starting on Friday, February 20th at 6 p.m.

**BIBLE STUDY** - Weekly Bible Study will return in March.

**MONTHLY CONTRIBUTIONS** - Total donations for the month of January were \$5689.00 which was a significant drop due to 2 snow days and harsh weather. We had unusually high expenses due to snow removal. Please donate online or bring envelopes from previous weeks missed.

**BUILDING UPDATE:** We expect that by the end of the month the hall will be completely renovated which will include two office spaces, a classroom, and new side entrance. The contractors lost nearly two weeks of construction time due to harsh weather. Let us pray for fair weather and the health and well being of those who labor to build the new church.

**HELP US GROW:** Please attend church weekly and bring a friend, neighbor, or family member.

## February Birthdays

**May God Grant You  
Many Blessed Years!**

Jim Romancheck—1st

Gerri Marks—3rd

Nicole Ihnat—5th

Lucianna Juchniewicz—15th

Dorrie Teall—15th

Ann Barnick—17th

Christopher Costello—22nd

Rose Rella—26th

### CANDLES

Five day vigil candles available in church.  
Suggested donation \$3.00

### SOCIAL HOUR

Every Sunday after Liturgy without charge

Contribute to OLPH online at: [eoffering.com](http://eoffering.com)

Or by using the QR Codes below.

*Thank You for supporting our church*



### *I was Hungry*

You see, my beloved, there is no excuse for it. They knew what they had to do in this world. But greed and ill-will prevented them, so they laid up for themselves not treasures for the future but the world of the dead. Neither were they condemned because of the active wrong they did, nor did the Lord say to them: depart from me, you wicked, because you committed murder or adultery or theft. But instead: because I was hungry and thirsty in my servants, and you did not minister to me. If those who did no wrong are thus condemned, what must be said of those who do the works of the devil? Will not the prophecy of blessed David come upon them: “The wicked will not stand in the judgment, nor sinners in the congregation of the righteous?” Not that they will not rise, but that neither in judgment [nor in] the congregation of the righteous do they deserve to enter. They will stand, however, so that from

punishment they may enter into punishment.” And they will go into eternal punishment, but the righteous into eternal life.” Whatever will be is everlasting. Sinners will have everlasting punishment; and the righteous, everlasting life.

*St. Epiphanius the Latin*

Do you wish to honor the body of Christ? Do not ignore Him when He is naked. Do not pay Him homage in the temple clad in silk, only then to neglect Him outside where He is cold and ill-clad. He who said: “This is my body” is the same who said: “You saw me hungry and you gave me no food” and, “Whatever you did to the least of my brothers you did also to me.” ... What good is it if the Eucharistic table is overloaded with golden chalices when your brother is dying of hunger? Start by satisfying his hunger and then with what is left you may adorn the altar as well.

*St. John Chrysostom*

## MEATEFARE SUNDAY



*Icon of the Last Judgment*